

Re-invent your life, relationships, work situation and every human endeavor: The Dynamics of Understanding Self, Relationships, Communication, and Meaning.

This workshop has the potential to change your perception of yourself, others, life and understanding itself. It introduces the participant to the philosophical underpinnings of human understanding through the concepts of phenomenology, psychology and psychoanalysis. These underpinnings can translate into understanding the *self* and *other* in our human interactions in the most authentic way. You will learn the power of intersubjectivity, with its potential for understanding and also for conflict. You will learn about intersubjective conjunction, disjunction and perceptual disparity. Knowing the power of these interpretations, and recognizing when they are occurring is the key to successful relationships with the self and others.

The workshop focuses on the power of understanding perceptions, without judgment of the other, and the subsequent psychological and social construction of reality, self, and of others. How we interpret the meaning we have and others have is accentuated in the way it leads to harmony or conflict.

- In the personal world understanding intersubjectivity revolutionizes relationships, transforming them into sources of support, love, mutual respect and fun!
- In the professional world, it dramatically changes the outcome of your work and you are more successful than ever.
- Understanding the powers of intersubjectivity, perception, social construction of reality and interpretation gives you new tools to re-invent your life and thinking.
- In both the personal and professional world, these principles for human understanding change forever your way of communicating, listening and have the potential to dramatically change all your relationships.
- You will learn to listen and understand what others are about and yourself as well in ways you have never had prior to this workshop. No small change.
- This workshop on human understanding can help you undergo total change in your ability to live a meaningful life. Another no small change!

This workshop is for anyone who wants to enhance their relationships in any domain and also gain a much deeper understanding of themselves as well. Embedding the phenomenological underpinnings of human understanding into one's daily life as an individual, partner, parent or in the following practices of psychotherapy, psychology, psychoanalysis, nursing, social work, teaching, spiritual work, and other human and health sciences is what individualizes, humanizes and gives recognition and respect to people and cultures.

Internationally known author, speaker and psychoanalyst, Dr. Patricia Munhall will be facilitating the workshop. Guaranteed to be a fun, lively and an awakening experience. Details can be found on the website: www.iihu.org or e-mail pmunhall@aol.com