



## **Workplace Mobbing: Emotional Abuse in the Workplace**

**Dr. Maureen Duffy**, is a marriage and family therapist, professor of counseling and family therapy, and an author and speaker about workplace mobbing and its effects.

A workshop for those interested in understanding what workplace mobbing is, why it is an important public health problem, and what can be done to minimize it.

- **What is workplace mobbing?**  
“The nonsexual harassment of a coworker by a group of other workers or other members of an organization designed to secure the removal from the organization of the one who is targeted. Mobbing results in the humiliation, devaluation, discrediting, degradation, loss of professional reputation and, usually, the removal of the target from the organization with all the concomitant financial, career, health, and psychosocial implications that one might expect from a protracted traumatizing experience.”  
Duffy, M., & Sperry, L. (2007). Workplace mobbing: Individual and family health consequences. *The Family Journal*, 15, 398-404.
- **Why haven't you heard the term “workplace mobbing” before?**  
Workplace mobbing is a concept that is very familiar to people in Europe but has only been formally studied and talked about in the United States since the early 2000's.
- **How common is workplace mobbing?**  
Recent statistics suggest that anywhere from 35% to 50% of US workers have experienced mobbing at some point in their careers.
- **Why should you attend a workshop about workplace mobbing?**  
Adults spend a significant amount of their time in the workplace and one's work is an important element of personal identity and sense of self. Understanding the signs and symptoms of workplace mobbing and the broader organizational issues involved can help individuals and organizations to take proactive steps to prevent mobbing and to responsibly address its consequences if it occurs.

**Location:** Arts and Minds Center, 3138 Commodore Plaza, Coconut Grove (Miami), FL  
**Date & Time:** Saturday, March 8th; 9:00 A.M. - 4:00 PM  
**Registration:** Open U at [www.iihu.org](http://www.iihu.org) or phone: 305.335.8043 or 305.461.2459  
**Tuition:** \$110.00